

PROFESSIONAL INFORMATION

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

SCHEDULING STATUS: Unscheduled (Complementary medicine)

PROPRIETARY NAME AND DOSAGE FORM:

BEROCCA® BOOST LIQUID ENERGY

COMPOSITION:

Active Ingredients:

Name of ingredient	Declaration	% NRV
Vitamin B ₁ -in form of thiamine monophosphoric acid ester chloride dihydrate	1.20 mg	100
Vitamin B ₂ - in form of riboflavin sodium phosphate	1.71 mg	131
Vitamin B ₃	13.09 mg	82
Vitamin B ₅ -in form of calcium pantothenate	5.00 mg	100
Vitamin B ₆ - in form of pyridoxine hydrochloride	1.70 mg	100
Vitamin B ₁₂ -in form of vitamin B ₁₂ 0.1 % WS	0.00123 mg	51
Malic acid	11 mg	*
Guarana extracts -in form of guarana seeds dry extract 20 % caffeine content	279.52 mg	*
NRV: Nutrient Reference Value *:NRV Not Determined		

Inactive Ingredients:

Acerola flavour, beetroot juice, citric acid monohydrate, castor oil, salt, potassium sorbate, sodium benzoate, sodium saccharin, sucralose, glycerine, purified water.

Contains sweetener: sodium saccharin 0,1 mg/tablet and sucralose 2,3 mg/tablet

CATEGORY AND CLASS:

Combination Complementary Medicine

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INDICATIONS:

The combination of vitamins B-complex, malic acid and guarana works in synergy to increase physical energy while decreasing tiredness.

Background information

Since most of the water-soluble vitamins of the B-complex are not stored by the body to any appreciable extent, their supply might be insufficient for instance in demanding periods such as during extensive physical exercise.

CONTRAINDICATIONS:

- Known hypersensitivity to any ingredient in the product.
- Heart conditions
- Diabetes
- High blood pressure
- Bipolar disorder

WARNINGS AND SPECIAL PRECAUTIONS:

- The recommended daily dose of one sachet per day must not be exceeded unless under the supervision of a Doctor or Pharmacist
- Vitamin B12 may mask certain forms of anaemia.
- Berocca® Boost Liquid Energy contains malic acid, castor oil and sucralose. Pregnant or lactating women should not take this medicine. (*See HUMAN REPRODUCTION*)
- Berocca® Boost Liquid Energy contains sodium. To be taken into consideration by patients on a controlled sodium diet.
- Berocca® Boost Liquid Energy contains glycerol. To be taken into consideration by patients with diabetes.

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INTERACTIONS:

When used as recommended no specific interactions are expected. Potential interactions are reported in the literature for the single ingredients, thus patients receiving any other medication or those under medical care should consult a Doctor or Pharmacist before taking this product.

HUMAN REPRODUCTION:

This product is not intended for use in pregnant or lactating women.

DOSAGE AND DIRECTIONS FOR USE:

Adults and adolescents: 1 sachet daily

The recommended daily dose of 1 sachet may not exceeded unless under supervision of a doctor or pharmacist.

This medicinal product is not recommended for children under the age of 12 years.

SIDE EFFECTS:

In general, this product is well-tolerated. However, in rare cases gastrointestinal symptoms (e.g. abdominal discomfort, stomach discomfort, constipation, vomiting, diarrhoea, and nausea) might occur.

In very rare cases this product may cause allergic reaction. Symptoms may include facial swelling, skin reddening, and rash. If an allergic reaction occurs, treatment must be stopped and a healthcare professional consulted.

A slight yellow discolouration of urine may be noticed. This effect is harmless and is due to the vitamin B2 contained in the preparation.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENTS:

There is no evidence that this product can lead to an overdose when used as recommended.

Uncharacteristic initial symptoms, such as confusion, and gastrointestinal disturbances such as constipation, diarrhoea, nausea, and vomiting might be indicative for an acute overdose.

If such symptoms occur, treatment must be stopped and a healthcare professional consulted.

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IDENTIFICATION:

A pale yellow liquid.

PRESENTATION:

Sachet: Berocca® Boost Liquid Energy is packaged in a 12mic PET/9mic Foil/40mic LDPE 15 ml sachet

STORAGE INSTRUCTIONS:

Store in the original package at or below 25 °C.

KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER:

Not applicable

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION:

Bayer (Pty) Ltd,

27 Wrench Road, Isando, 1600, South Africa

Co. Reg. no. 1968/011192/07

DATE OF PUBLICATION OF THE PROFESSIONAL INFORMATION:

Not applicable

Manufactured and packed by Aviz Laboratories, Midrand, for Bayer (Pty) Ltd.